

The New Brunswick Association of Counselling Therapists, Inc. (NBACT)

May
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Volume #6



THE NBACT AGM
will be held on
Sat, June 11, 2016
At 473 St George St
Moncton, NB
See page 3 for details

NBACT NEWSLETTER

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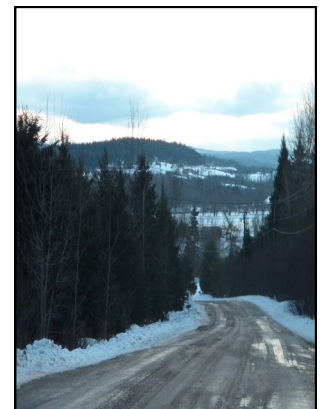
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The Mandate of NBACT

NBACT – New Brunswick Association of Counselling Therapists, was incorporated in January 2009. Members of the Association are registered Counselling Therapists who work in a variety of occupations, and who are interested in establishing the statutory regulation of Counselling Therapists in the province of New Brunswick.

The Mandate of NBACT :

1. To support and promote the development of legislation to govern the practice of therapeutic counselling by Registered Counselling Therapists.
2. To establish and maintain a registration process for members who meet specific educational and experience criteria. Until such time as statutory registration is achieved, our mandate is to regulate the practice of therapeutic counselling in New Brunswick by its members through implementation of a Code of Ethics and Standards of Practice, and the establishment and maintenance of a professional conduct process for Practitioners.
3. To promote public awareness and support for the practice of therapeutic counselling.
4. To promote the professional development and provide opportunities for Counselling Therapists. To share information, research findings, viewpoints, and common concerns.



Greetings from CCPA New Brunswick Anglophone Director Jen Rowett

Dear Members,

I hope this note finds you savouring these beautiful, sunny days of Spring!

We are experiencing an exciting period as we move closer toward legislation of our profession in New Brunswick. Over the past year, I have focused my provincial efforts as the CCPA NB Anglophone Director and as a NBACT Board member on building awareness, and actively promoting the importance of becoming a member of one of our three provincial associations. The message has been clear – the best way Counselling Therapists in training and CCC's can support the efforts of moving legislation forward is to become a member of a provincial association! This is how we are able to pay ongoing fees, and demonstrate to stakeholders that Counselling Therapists have a strong, united voice in the province of New Brunswick.

My advocacy efforts have also included meetings with members of our government. Earlier in 2016, I met with MP TJ Harvey in Florenceville-Bristol, and MLA Andrew Harvey at the Government Members House in Fredericton. These meetings were outstanding opportunities to promote legislation and regulation of our profession in our province.

Thank you to each individual who is considering joining or has taken action and is demonstrating their support by becoming a member of one of our three provincial associations. Thank you to all Board members and our Legislation Working Group who are volunteering their time, energy, and resources, and are working diligently on behalf of NB Counselling Therapists. Let's continue to work together to reach our professional goals!

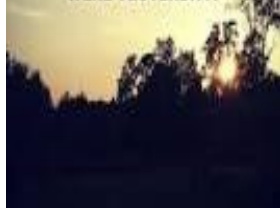
With Gratitude,

Jen Rowett
Rowett

Photo caption: MLA Andrew Harvey & Jen



THE ONLY PERSON YOU SHOULD
TRY TO BE BETTER THAN,
IS THE PERSON YOU
WERE YESTERDAY.



Greetings from a new Board Member of NBACT

Je désire me présenter comme nouveau membre francophone du conseil de l'association des thérapeutes en counselling du Nouveau-Brunswick (ATCNB).

Mon nom est Nicole Richard, conseillère certifiée canadienne, thérapeute en counselling enregistré au N.-B. et praticienne certifiée en coaching. J'ai ouvert ma pratique privée en 2012 dans la région du grand Moncton, offrant des services de counselling bilingues pour individus prisent de la dépression, d'anxiété, de stress personnel et stress relié au travail, de troubles de communication, de problèmes de dépendance, ainsi que de vivre dans le chagrin et de détresses spirituelles.

C'est un grand plaisir pour moi de faire parti de l'exécutive dans le but d'agrandir la belle profession de counselling au N.-B.

I wish to introduce myself as the new French speaking Board Member of the N.B. Association of Counselling Therapists (NBACT).

My name is Nicole Richard, Canadian Certified Counsellor, Registered Counselling Therapist in NB and Certified Coaching Practitioner. I opened my private practice in 2012 in the Greater Moncton, offering bilingual services for people suffering from depression, anxiety, personal or work related stress, communication disorders, addictions and living with grief and spiritual distress.

It is with great pleasure for me to join the executive in order to broaden this awesome counselling profession in NB.

Nicole Richard, CCC, RCT, CCP
New Awakening Counselling Services



The Road to Legislation Update- The Federation and Progress to Date

Update on the Legislative process in New Brunswick...

After many years of effort on the part of counselling therapists in New Brunswick, the presentation of the Counselling Therapists Act is imminent. The work is being done by an ad hoc committee called the Federation that consists of three representatives from each of the three provincial associations (NBACT, NBPCA, and AFCONB). Legal counsel was retained a year ago and in the ensuing time our lawyer has advised us on numerous revisions to the Act and By-Laws. The revised documents are being translated into French, and while this is happening letters have been sent to key stakeholders to solicit their feedback. Stakeholders have thirty days to respond and once that period has passed, the Federation will advertise the proposed Bill in the province's major newspapers for a brief period. Once these hurdles have been passed, the final step will be the presentation of the Bill in the Legislative assembly. Our lawyer has advised that this could occur in the spring sitting. The presentation of the Bill will represent the culmination of many years of work by many New Brunswick counsellors. Even more than before, however, we need help. Legal fees, advertising and translation are costly and your support and assistance is crucial at this pivotal time. You can get involved by joining one of the three associations. Your membership fees help to counter the expenses incurred by the Legislative process.

Submitted by Kim Landine (NBACT Federation delegate)

What is an RCT anyway?

Great question. RCT stands for Registered Counselling Therapist. All RCT's are registered with NBACT. They have a minimum of a Masters degree in Counselling from an AUCC recognized University, that includes courses in Ethics, Counselling theory, Counselling skills, 2 Counselling electives and 4 additional electives. They also have completed a supervised internship with 120 hours of direct client contact, and have a criminal record check. Wow they sound really smart! Yup, that's because they are! ;-)

NBACT Engages Counselling Students by Jason Jones

NBACT has created two positions for student representatives, one from each of the two AUCC-recognized Master's level Counselling Programs in New Brunswick. Student representatives will act as a liaison with their respective institutions facilitating communication between the University, its students, and the Board of the NBACT.

Jason Jones has been the student representative for the University of New Brunswick for the last 2 years. Jason will be graduating in May 2016 and there will be two vacant positions for both universities.

If you are interested in joining the provincial association advocating for provincial legislation and title protection for our profession and currently attend Universite de Moncton or UNB in the counselling programs, contact the registrar on how to get involved.



Our Annual General Meeting (AGM)

The AGM of the NBACT will be held on Saturday, June 11th from 10am-12 noon at 473 St George St (Lions Community Centre), Moncton, NB

All members, and guests are welcome to attend. If you are interested in becoming a member of NBACT and need more information, this would be a great opportunity to meet our members and find out more about us. There will be a social time after the meeting for networking.

SURROUND YOURSELF WITH



THOSE ON THE SAME MISSION AS YOU

The New Brunswick Association

To find out more about joining the
New Brunswick Association of Counselling Therapists Inc.,
please contact the NBACT Registrar:

Nancy Cusack, MEd, CCC, RCT
Phone: 506-636-2231 or email: nancy@cusackcounselling.com

Primary Business Address:

The Registrar
NBACT
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Visit us
on the web at:

www.nbact.ca

or email:
nbact2009@gmail.com



NBACT website is getting some major traffic. In the past year it has had over 36,000 visitors. One of the perks to NBACT membership is the privilege of having your name/ business and contact info listed on the site. A great marketing opportunity., and it's free for all our Registered members. Check it out:

www.nbact.ca



Currently, membership to NBACT is open to
Canadian Certified Counsellors in
New Brunswick,
or Counsellors who are
eligible to apply for certification through
the Canadian Counselling and Psychotherapy
Association (CCPA).
Membership is also open to
Canadian students enrolled in a Masters
degree program
in the field of counseling
at an AUCC recognized educational institution

Life
isn't about
waiting
for the storm
to pass,
it's about
learning
to dance
in the rain.

If it doesn't
challenge you,
it won't
change you.

Compiled, Designed, and Edited by Rebecca E. Crouchman, M.Ed., CCC, RCT